



Meal Price:
Students – No cost
Adults \$2.78+tax

October 2022

Westbury Middle School Breakfast Menu

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.
 -Grain (all grain offerings count as 2 items)
 -Fruit (must pick 1)
 -Milk (pick up to 1)


Please Note:

All cereal bowls and bars are whole grain and served with a cheese stick

(WG) denotes whole grain

(P) denotes item may contain pork

Powering
potential.

MON	TUES	WED	THURS	FRI
3 Bacon, Egg, & Cheese on WG Roll (P) Fruit & Milk	4 WG Donut Holes Fruit & Milk	5 School Closed Yom Kippur	6 Assorted WG Muffins Fruit & Milk	7 Homemade WG French Toast Fruit & Milk
10 School Closed Columbus Day	11 WG Donut Holes Fruit & Milk	12 Fruit & Yogurt Parfait W /Granola Fruit & Milk	13 Assorted WG Muffins Fruit & Milk	14 Homemade WG Pancakes Fruit & Milk
17 Bacon, Egg, & Cheese on WG Roll (P) Fruit & Milk	18 WG Donut Holes Fruit & Milk	19 Fruit & Yogurt Parfait w/ Granola Fruit & Milk	20 Assorted WG Muffins Fruit & Milk	21 Homemade WG French Toast Fruit & Milk
24 Bacon, Egg, & Cheese on WG Roll (P) Fruit & Milk	25 WG Donut Holes Fruit & Milk	26 Fruit & Yogurt Parfait w/ Granola Fruit & Milk	27 Assorted WG Muffins Fruit & Milk	28 Homemade WG Pancakes Fruit & Milk
Bacon, Egg, & Cheese on WG Roll (P) Fruit & Milk 				

Menus are subject to change.

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, orange, plus 100% apple juice or 100% fruit punch

Daily Breakfast Offerings: Assorted WG cereal bars & bowls, assorted WG muffins, WG bagel w/ cream cheese, Egg & cheese sandwiches with or without Bacon (P) on WG roll



This institution is an equal opportunity providers